WEEK 4

CROSS COUNTRY RUN CARD CROSS COUNTRY RUN CARD WEEK 4

NAME:	NAME:
DATE FINISHED: (Due Fri 9/25)	DATE FINISHED: (Due Fri 9/25)
MILES COMPLETED: (Due 5mi OR 60 min)	MILES COMPLETED: (Due 5mi OR 60 min)
LOCATION OF RUN:	LOCATION OF RUN:
WITNESS: (either ONE parent or TWO varsity members)	WITNESS: (either ONE parent or TWO varsity members)
CROSS COUNTRY RUN CARD WEEK 4	Cross Country Run Card Week 4
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